

Emergency Treatment For Diabetes

Warning Signs

Sudden hunger

Shakiness

Fatigue

Irritable

Inappropriate Actions

Headache

Nervousness

Unusual Drowsiness

Confusion

Sweating

Paleness

Crying

Concentration

Hypoglycemia is most likely to occur:

1. When meals or snacks are missed or delayed
2. When participating in a strenuous activity just before lunch
3. During a lengthy field trip or field day activity.

Treatment

If possible, test the blood glucose. If less than 80 give one of the following items. If you do not know how to test or there is no meter to test with... TREAT anyway.

The best rule is “When in doubt TREAT!”

1. Give one of the following:
 - Juice ½ cup (4-6 oz.)
 - Milk 1 cup or 1 school sized carton
 - Regular soda pop (NOT DIET), ½ can
 - Glucose tablets, chew 2-3 followed by water.
2. Stay with the child
3. Repeat the treatment if necessary in 15 minutes, follow with lunch or a snack.
4. If found unresponsive call 911.
5. Give Glucagon as ordered by the health care provider.